

# Angela Cooper | Culture by Design

An award-winning change agent and inspiring thought leader, Angela Cooper has been helping business leaders shape stronger workplace cultures for more than two decades.

Her focus on organizational health empowers organizations to get strategic about building healthier workplaces where everyone can operate at their best.

Angela's signature keynotes and empowerment labs energize audiences to channel their energy, activate their values, and unleash their full potential.

*Logistics*

Audience: Intact Teams/Departments

Length: 90-minutes

Format: In-Person

Group Size: up to 40

Tools included to activate learning!

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## Synergizing Strengths

### Tap into Total Team Talent

Every team member brings a unique combination of identity, strengths, and lived experience – and when teams recognize and celebrate these layers, trust and collaborative energy grow.

This interactive lab helps participants synergize their team's full range of talents to build a more connected and high-performing team. Through self-reflection, structured strengths-sharing, and targeted appreciation practices, teams deepen relationships and lay the foundation for greater performance.

When people feel seen and valued for who they are, they give their best – and thrive together.

#### What Participants Will Gain:

- **Self-Insight:** Reflect on growth points, unique abilities and meaningful contributions.
- **Team Connection:** Build trust through affirmation and shared appreciation.
- **Practical Tools:** Practices, routines, and rituals for leveraging strengths in daily work.
- **Shared Purpose:** Understand how individual strengths combine to drive collective success.



*Book Angela*

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or visit [www.mindpowerstrategic.com/book](http://www.mindpowerstrategic.com/book)

