

Empowerment Lab



Empowerment labs from Mindpower Strategic offer unique teambuilding and mindset-shifting solutions that build inclusion, energy, and connection across teams.

Can't We Be *Civil?*

Building Bridges in Contentious Times

Americans today live in one of the most polarizing eras of our nation's history.

In the news, at the polls, on the street, and in the hallways of our workplaces, people seem more and more divided.

As emotions run high around controversial issues, how can we intentionally foster empathy, respect, and productive communication?

This engaging and interactive session offers thoughtful strategies we can all use to navigate difficult dialogues. Participants will:

- Discover how centering outcomes can change the dynamic of challenging interactions.
- Learn to leverage key factors that build empathy, trust, and productive dialogue.
- Explore ways to make fair, objective and inclusive decisions in sensitive discussions.
- Apply insights as they create a plan for a real-life conversation.

A former Chief Diversity Officer in Corporate America, Angela Cooper has over two decades of business experience leading change and evolving cultures in healthy ways. As the founder of Mindpower Strategic, she now serves as a thought partner and change architect for forward-thinking business leaders who are invested in people-centered strategies.



Book Angela

Please contact angela@mindpowerstrategic.com
or visit www.mindpowerstrategic.com/book

What Clients Say

"Angela takes a topic that can be challenging and uncomfortable and makes it safe and doable. This session was a game changer for me and my team and will allow us to create a culture of care and accountability."

-VICE PRESIDENT OF ORGANIZATIONAL DEVELOPMENT, NONPROFIT

